

Year Group	RSE Topics Covered at Kates Hill
Nursery/Reception	<ul style="list-style-type: none"> <li>• Making Relationships</li> <li>• Self-confidence and self-awareness</li> <li>• Managing feelings and behaviour</li> </ul>
Year 1	<ul style="list-style-type: none"> <li>• Identify similarities and differences between people in my class</li> <li>• Understand bullying</li> <li>• Making new friends</li> <li>• Celebrating differences and celebrating me</li> <li>• Families</li> <li>• Making friends</li> <li>• People who can help us</li> <li>• Celebrating people who are special to me</li> <li>• Lifecycles</li> <li>• Changing me</li> <li>• My changing body</li> <li>• Boys and girls bodies</li> <li>• Learning and growing</li> <li>• Coping with change</li> </ul>
Year 2	<ul style="list-style-type: none"> <li>• Identify different members of my family and understand my relationship with each one of them</li> <li>• Understanding acceptable and unacceptable physical contact</li> <li>• Friends and conflict</li> <li>• Secrets (Good/bad)</li> <li>• Trust and appreciation</li> <li>• Celebrating my special relationships</li> <li>• Life cycles in nature</li> <li>• Growing from young to old</li> <li>• Recognising how my body has changed from when I was a baby</li> <li>• Boys and girls bodies</li> <li>• Assertiveness</li> </ul>
Year 3	<ul style="list-style-type: none"> <li>• Family roles and responsibilities</li> <li>• Understand every bodies families is different and important to them</li> <li>• Family conflict</li> <li>• Words and harm</li> <li>• Friendships</li> <li>• Keeping myself safe</li> <li>• Being a global citizen</li> <li>• Celebrating my web of relationships</li> <li>• Understand conception in animals and babies (also taught in science)</li> <li>• Understand how babies grow and what they need to live and grow</li> <li>• Outside body changes</li> <li>• Inside body changes</li> <li>• Family stereotypes and family roles</li> </ul>
Year 4	<ul style="list-style-type: none"> <li>• Judging by appearance</li> <li>• Understanding influences</li> <li>• Understanding bullying</li> <li>• Problem solving</li> </ul>

	<ul style="list-style-type: none"> <li>• Special me</li> <li>• Identify relationships that I am apart of</li> <li>• Love and loss</li> <li>• Memories</li> <li>• Animals</li> <li>• Celebrating my relationship with animals and people</li> <li>• Understand my personal characteristics and that I got some of these from my parents</li> <li>• Label male and female body parts</li> <li>• Girls and puberty</li> <li>• Understand and respect the changes that we see in other people</li> <li>• Know who to ask if we get worried about change</li> </ul>
Year 5	<ul style="list-style-type: none"> <li>• Recognising Me</li> <li>• Different cultures</li> <li>• Racism</li> <li>• Rumours and name calling</li> <li>• Types of bullying</li> <li>• Getting on and falling out</li> <li>• Relationships and understanding I should not be pressured into getting into a relationship</li> <li>• Relationships and technology – Understanding how to stay safe online</li> <li>• Self and body Image</li> <li>• Puberty for girls</li> <li>• Puberty for boys</li> <li>• Conception (also taught through Science Year 5 lifecycles)</li> <li>• Understand what it means to become a teenager</li> </ul>
Year 6	<ul style="list-style-type: none"> <li>• Understand the feelings we may have when someone dies or leaves and learn strategies to cope with this</li> <li>• Understand different perceptions about what normal is and empathise with people who have disabilities</li> <li>• Power struggles</li> <li>• Why bully?</li> <li>• Understand and recognise when people are trying to gain power and control</li> <li>• Being safe with technology</li> <li>• Self-image</li> <li>• Puberty</li> <li>• Girl Talk/boy talk about puberty (taught separately to boys/girls)</li> <li>• Babies – Conception to Birth (Taught as part of science)</li> <li>• Attraction</li> </ul>