

Covid-19 a quick Guide for Parents

**Believe
to Achieve**

We are navigating our way through lots of information daily so we have adapted guidance and are sharing with you in the hope it helps you to understand the procedures in place.

| What to do if... | Action Needed | Return to school when... | |
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| ...my child has Covid-19 symptoms. | <ul style="list-style-type: none"> - Do not send to school - Inform school - Get a test for child (119 or www.nhs.uk) - whole household isolates - Inform the school immediately about the test result | ...the test comes back negative or child has been symptom free for 48 hours. | |
| ...my child tests positive for Covid-19. | <ul style="list-style-type: none"> - Do not send to school - Inform school - Agree the earliest date for possible return (minimum of 10 days from initial symptoms starting or test result if no symptoms). - Self-isolate the whole household for 14 days from the start of symptoms. | ...10 days have passed since symptoms began, has been fever free for 48 hours, child can return even if they still have a cough or loss of taste/smell. <i>(These symptoms can last for several weeks.)</i> AND the child feels well. | |
| ...my child tests negative. | <ul style="list-style-type: none"> - Inform school - Discuss when your child can come back (same day/next day). | They feel well and there is no one else in the household displaying symptoms or who have tested positive | |
| ...my child is ill with symptoms not linked to Covid-19. | <ul style="list-style-type: none"> - Do not send to school. - Inform school - Ring on each day of illness. | ...when they feel well and after 48 hours following the last episode of sickness or diarrhoea | |
| ...someone in my household has Covid-19 symptoms. | <ul style="list-style-type: none"> - Do not send to school. - Inform school. - Self-isolate the whole household. - Household member to get a test. - Inform school immediately about test result. | ...the test comes back negative | |
| ...someone in my household tests positive for Covid-19. | <ul style="list-style-type: none"> - Do not send to school. - Inform school - Agree an earliest date for possible return (minimum of 14 day from start of symptoms). - Self-isolate the whole household. | ...the child has completed 14 days of isolation and is well/has no symptoms. | |
| ...NHS test and trace has identified my child as a close contact of a confirmed positive case of Covid-19. | <ul style="list-style-type: none"> - Do not send to school. - Inform school - Agree an earliest date for possible return (minimum of 14 days). | ...the child has completed 14 days of isolation and is well even if tested negative. | |
| ...NHS test and trace has identified a household member (other than my child) as a close contact of a confirmed positive case of Covid-19 | <ul style="list-style-type: none"> - The household member must self-isolate for 14 days. - Child can continue to attend school. | ...child can continue to attend school | |

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| ... a sibling attending another school has been sent home to self-isolate due to there being a positive case in their school. | <ul style="list-style-type: none"> - Sibling must self-isolate for 14 days. - Other children in the household can continue to attend school. | ...child can continue to attend school | |
| ...we have received medical advice that my child must resume shielding. | <ul style="list-style-type: none"> - Do not send to school. - inform school - Shield until you are informed that restrictions are lifted and shielding is paused again. | <p>...school /other agencies inform you that restrictions have been lifted and your child can return to school again.</p> <p>...you receive medical advice that your child may return to school.</p> | |
| ...my child's bubble has been told to self-isolate due to a confirmed positive Covid-19 case in school. | <ul style="list-style-type: none"> - Child must not attend school. - Support your child at home with remote education provided by school - Your child will need to self-isolate for 14 days. - Other siblings may continue to attend school. | ...school inform you that the bubble can return to school | |

Should a selected number of pupils, a bubble, a cohort or the school be sent home our REMOTE LEARNING PLAN will kick into action. This can be found on our website and has been emailed to you also for reference.

This is an ever-evolving situation where scenarios may change. This document will be updated as and when further guidance or information is available.

As a reminder

Symptoms of COVID-19

The main symptoms of COVID-19 are:

- **a new, continuous cough** - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a high temperature** - feel hot to touch on your chest or back (temperature of 37.8°C or higher if able to measure this)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

If a child or staff member develop any of these symptoms, no matter how mild, please follow the procedures.

