

FORCES

Pushes and Pulls

The important basic stuff!

A force is a push, a pull, a stretch, a squeeze, a catch or a twist.

We can't see forces but we can see the effect of them.

Forces make things slow down, speed up, change direction or change shape.

Now think carefully and list somethings in your house you can apply a force to.

Things I can push ...	Things I can pull ...	Things I can stretch
Things I can squeeze ...	Things I can catch ...	Things I can twist

FORCES

A toy car A door A bouncy ball		
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Now try applying forces to these three things. Say which force you applied and say what happened.

For example - I squashed a cushion and it changed shape.