

Kates Hill Weekly Home learning activities

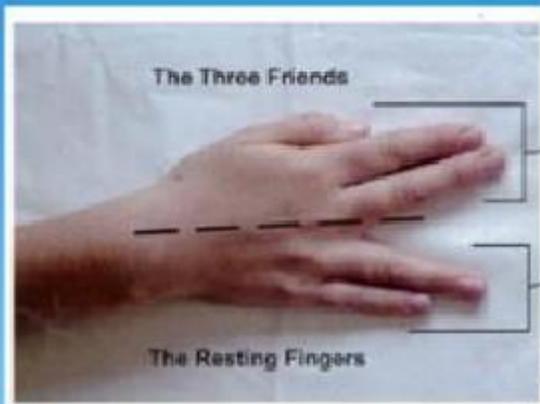
Year Group: Nursery

Week beginning: 06.07.20

Remember to also relax, have fun and enjoy time with your family as well!

PE	Maths	Literacy	Suggested Indoor Activities	Suggested Outdoor Activities
<p>Try your best to be physically active for at least an hour per day.</p> <p>We recommend: Joe Wicks https://www.youtube.com/user/thebodycoach1 Joe does a daily 30minute PE lesson for children and families. It's a great way to start the day.</p> <p>You could also try Cosmic Kids Yoga https://www.youtube.com/cosmickidsyoga This is a great way to practice mindfulness and keep yourself stretched and supple.</p> <div style="border: 1px solid black; padding: 5px; margin-top: 20px;"> <p>Remember to show us what you've been getting up to via the email link for</p> <p>nursery@kates-hill.dudley.sch.uk</p> </div>	<p>Maths lessons:</p> <p>Monday: Look for 2D shapes in your house.</p> <p>Tuesday: Talk about the difference between a square, a circle, a rectangle and a triangle.</p> <p>Wednesday: Draw 2D shapes. Do you have any chalk where you could draw them outside.</p> <p>Thursday: Sing number songs.</p> <p>Friday: Watch Numberblocks on CBeebies iPlayer.</p> <p>Challenge: Look out for 3D shapes.</p>	<p>Reading lessons:</p> <p>Listen to stories.</p> <p>Recognise your name.</p> <p>Sing nursery rhymes.</p> <p>Writing lessons:</p> <p>Monday: Have a go at writing your name. But remember there is a capital letter at the start and then lower case letters.</p> <p>Tuesday: Practice picking up a pencil to write. See the next page.</p> <p>Wednesday: Practice the Kinetic letter animal positions.</p> <p>Thursday: Write in the air with a stick.</p> <p>Friday: To help gross motor development move your arms in different ways. Can you move them in a large circle. Up and down, fast and slow.</p>	<p>This week's suggested indoor topics are:</p> <ol style="list-style-type: none"> 1. Talk to your grown up using sentences about your favourite home learning activity. 2. Make a den to read a story to your toys. 3. Challenge: Speak quietly. Sing loudly. Talk slowly. Sing really fast. 	<p>This week's suggested outdoor topics are:</p> <ol style="list-style-type: none"> 1. Make a picture using leaves and stones. 2. Can you jump, skip, hop, run? 3. Challenge: Use your grown ups phone to take a photograph of your picture.

Holding the Pencil



The Three Friends work the pencil.

- Holding Fingers
- Pillow Finger



Point the pencil at my tummy.



Pick it up with my Holding Fingers.



Tip it back to lay across my hand and pop my Pillow Finger underneath.

